

# Dr. Pushan Bharadwaj

MBBS, DRM, DNB, CCST(Nuc Med-UK), FRCP(Edin), MSc (Cardiology-UK) DCBNC(USA), FEBNM, FASNC(USA), FIAMS, CCD(USA)

# Dr. Pushan Bharadwaj

#### Personal details

Address: 4 Pinnacle Apt, 6 Maxwell Road

Northwood HA6 2YF

**Telephone:** +447940155783 (Mobile)

National Insurance Number: PX 021712 A

Email address: pushanb@gmail.com

General Medical Council Reg 4774191, 17<sup>th</sup> January 2001

**CCST (Nuclear Medicine)** Certified on 8<sup>th</sup> October 2001

**WBMC (India) Registration** 48389 dated 26<sup>th</sup> February 1991

## Academic and professional qualifications

2019 Certified Clinical Densitometrist

International Society of Clinical Densitometry, USA

2013 MSc in Cardiology

University of Brighton, UK

2009 Fellow of ASNC

American Society of Nuclear Cardiology

2009 Fellow of EBNM

European Board of Nuclear Medicine

2007 Diplomate of CBNC

Certification Board of Nuclear Cardiology (USA)

2006 FRCP (Edinburgh)

Royal College of Physicians, Edinburgh

2001 UK CCST (Nuclear Medicine)

STA of the Medical Royal Colleges

1996 Diplomate of NBE (Nuclear Medicine)

National Board of Examinations, India

1994 Diploma in Radiation Medicine

Radiation Medicine Centre, BARC, India

**1990** MBBS (First Class)

Medical College & Hospital, India

#### **Career summary**

I have worked for over 25 years as a consultant in Nuclear Medicine in diverse set-ups across the globe with a vast experience in most diagnostic and therapeutic aspects. After graduation from Kolkata, I completed my post graduate training in Mumbai and London and obtained a single-handed consultant's position in Scotland in 2001. I am a fellow of the Royal College of Physicians Edinburgh and I hold a master's degree in Cardiology from the University of Brighton, UK. I also had the unique privilege of running a rapid access chest pain clinic in Scotland between 2006 and 2011, when I developed a special interest in cardiac imaging.

I am an enthusiastic and passionate teacher. I was actively involved in both undergraduate and post graduate education in Singapore, having received an Outstanding Faculty (Residency) award from the Radiological Sciences Division of our hospital in 2019. I was involved in research and audits in my previous posts including the Singapore General Hospital where I worked from September 2015 to July 2023.

#### **Awards**

2020	<b>Covid Warrior</b> award for full time voluntary work amongst the Covid affected/suspected overseas workers in Singapore in May/June 2020
2019	<b>Outstanding Faculty (Residency)</b> award by the Radiological Sciences Division of SGH for dedication and excellence in teaching
1989	<b>Annual Merit Scholar in MBBS</b> for securing a position among first 5 students, University of Calcutta, India
1984	<b>Chief Minister's Award,</b> for being placed <b>11</b> <sup>th</sup> in the order of merit in Higher Secondary Examination (among 270,000 students)
1984	National Merit Scholar, Higher Secondary Examination, India
1982	<b>Governor's Award</b> , for being placed <b>6</b> <sup>th</sup> in the order of merit in Secondary Examination (among 300,000 students)
1982	National Merit Scholar, Secondary Examination, India

# **Professional memberships**

Royal College of Physicians, Edinburgh

Society of Nuclear Medicine, India

Association of Nuclear Medicine Physicians of India

Nuclear Cardiological Society of India

World Association of Radiopharmaceutical and Molecular Therapy

### Current appointment (from 14/08/2023)

I am presently working as a consultant in the department of Nuclear Medicine at the Royal Brompton and Harefield Hospitals under the Guy's and St Thomas' NHS Foundation Trust.

#### Previous appointments in Nuclear Medicine

**Senior Consultant** 

(01/09/2015 to 29.07.2023)

**Consultant and Head** 

(13/09/2012 to 31/07/2015)

Consultant and Head

(02/05/2011 to 31/08/2012)

Consultant and Head and Honorary Lecturer, Aberdeen Uni.

(11/06/2001 to 28/05/2011)

Specialist Registrar

(09/09/98 to 08/06/01)

Visiting Specialist Registrar

(23/04/98 to 08/09/98)

**Consultant in Nuclear Medicine** 

(18/3/96 to 16/04/98)

**Senior Registrar** 

(17/11/94 to 16/03/96)

Clinical Research Fellow

(16/08/94 to 15/11/94)

Post Graduate Trainee

in Nuclear Medicine (02/08/93 to 31/07/94)

Medical officer, ICU (Medical)

(01/02/92 to 31/07/93)

**Resident House Physician** Cardiovascular Surgery

(01/08/91 to 31/01/92)

**Resident House Physician** In General Medicine

(01/02/91 to 31/07/91)

**Resident House Physician** 

Cardiology

(01/08/90 to 31/01/91)

Preregistration House Officer (Intern)

(01/08/89 to 31/07/90)

**Dept of Nuclear Medicine & Molecular imaging** 

Singapore General Hospital, Singapore

**Department of Nuclear Medicine and PET-CT** 

Apollo Gleneagles Hospital, Kolkata, India

Department of Nuclear Medicine and PET-CT

PD Hinduja National Hospital, Mumbai, India

**Department of Nuclear Medicine** 

Raigmore Hospital, Old Perth Road

Inverness IV2 3YW, Scotland, United Kingdom

**Joint Department of Nuclear Medicine** 

**Royal Marsden and Royal Brompton Hospital** 

Sydney Street, London SW3 6NP, UK

St. Bartholomew's Hospital

West Smithfield, London EC1A 7BE

Radiation Medicine Centre (RMC), Bhabha

Atomic Research Centre. Mumbai. India

Sanjay Gandhi Post Graduate Institute

of Medical Sciences (SGPGI), Lucknow, India

Regional Radiation Medicine Centre,

Calcutta, India

Radiation Medicine Centre.

**Bhabha Atomic Research Centre**,

Mumbai, India

# Previous appointments in General Medicine

**SVSM Hospital,** Calcutta, India

Calcutta, India

(2000 bedded teaching hospital)

Medical College and Hospitals,

**Medical College and Hospitals** 

Calcutta, India

**Medical College and Hospitals** 

Calcutta, India

**Medical College and Hospitals** 

Calcutta, India

#### Clinical experience

#### 1. Experience in Internal Medicine and Cardiology

I had over 3 years of experience in Internal Medicine and Cardiology in a busy academic institution in India prior to joining Nuclear Medicine. I handled all types of medical emergencies including acute cardiac events, having performed emergency cardiopulmonary resuscitation, elective cardioversion, temporary pacing and elective right heart catheterization. As a consultant in nuclear medicine in UK (2001-2011), I was also the lead physician in charge of the Rapid Access Chest Pain Clinic in collaboration with the Department of Cardiology at Raigmore Hospital, Inverness. I hold a master's degree in Cardiology from the University of Brighton, UK

#### 2. Experience in General Nuclear Medicine and Therapy

I am familiar with most of the routine diagnostic and therapeutic procedures in nuclear medicine with 25 years of experience after post-graduation in the specialty. Radiation Medicine Centre, where I trained from, is the oldest nuclear medicine institute in India, offering postgraduate training to physicians as well as technologists. Besides routine nuclear medicine services, it has the largest comprehensive thyroid clinic of the country. In Singapore, I gained a substantial experience in therapeutic nuclear medicine, including Lutetium-177 therapy for neuroendocrine tumours and prostate cancer, Y-90 therapy for Hepatocellular carcinoma, 223 Radium therapy for bone metastases, amongst others.

#### 3. Experience in PET/PET-CT

Since 2011, I have been involved with the regular conduction and reporting of PET-CT studies for various applications in the field of Oncology, Cardiology and Neurology. Earlier, I went to the University Hospital in Zurich for a two-week fellowship in PET-CT in 2006. I have attended several workshops, seminars and teaching courses in PET-CT in various reputed centres in and outside UK. In Singapore, we performed around 25 PET scans every day.

# Teaching experience

As a Consultant in Singapore and India: SGH is the largest tertiary care teaching hospital in Singapore and associated with the Duke-NUS and YLL-NUS schools of medicine. I was an honorary clinical assistant professor for the former and clinical senior lecturer for the latter, undertaking regular teaching of the undergraduate students from both colleges. As a Clinical Core Faculty member for both Nuclear Medicine and Radiology Residency Programs, I was intimately associated with post graduate teaching and training in my previous position.

PD Hinduja Hospital is an accredited hospital for teaching by the National Board of Examinations, India and I was a National Board approved teacher, and I was involved in the teaching of students on a regular basis, both at a postgraduate and an undergraduate level.

As a Consultant in UK: Specialist Registrars in Cardiology and Radiology trained under me regularly between 2001 and 2011. I was also involved in regular teaching of 4<sup>th</sup> year medical students from Aberdeen who rotated through our department. I also took a tutorial on management of thyroid diseases for the students. I regularly taught nurses, technicians, radiographers and physicists.

As a Registrar in UK: I was involved in both formal and informal teaching as a registrar during my tenure and this comprised faculty members of other specialties, specialist registrars of different hospitals who rotated through the Royal Brompton Hospital, visiting national and

international specialists in nuclear medicine and cardiology, medical students, radiography students, nurses in training and in practice and physicists in training.

As Scientific Officer in India: As a permanent faculty member of RMC, I was assigned the responsibility of teaching cardiovascular nuclear medicine for the students registered for the PG Diploma under University of Bombay. Regular apprenticeship of students at my thyroid clinic was a part of the institute's teaching curriculum. I had an extensive experience in teaching both medical and non-medical faculty as a part of the ongoing continuing medical education programme of the parent institute Bhabha Atomic Research Centre.

#### Research and Publications

My involvement in research dates to my tenure as a post graduate trainee at two leading teaching institutes in Nuclear Medicine of India. I had undertaken several research projects both at **SGPGI** and at **RMC**. As a teacher at **RMC**, I worked as coinvestigators in supervising trainees in their **dissertation work**. I was involved in research as a specialist registrar at the Royal Brompton Hospital in London. I gained considerable theoretical knowledge in research methods and critical appraisal through my formal **MSc** training in Cardiology. Also, I had to submit a dissertation which was peer reviewed and revised before acceptance.

At **SGH**, I was involved in a few research projects; one looking at the serial bone mineral density measurement of Asian patients before and after renal transplantation over a period of 5 years. In another, we looked at the adaptations that we made in our nuclear cardiology services following the recent Covid pandemic.

Singapore General Hospital has a strong emphasis in clinical governance and quality. I have been involved in a few audits and quality improvement projects undertaken by our resident trainees.

#### 1. Peer reviewed journal publications

- 1. Comparison of Equilibrium Radionuclide Ventriculography with CMR for Assessing the Systemic Right Ventricle after Mustard or Senning Procedures for Complete Transposition of the Great Arteries. Hornung T, Anagnostopoulos C, Bharadwaj P, et al. American Journal of Cardiology 2003; 92: 640–643
- 2. Current Status and Growth of Nuclear Theranostics in Singapore. Huang HL, Tong AKT, Bharadwaj P, et al. Nuclear Medicine and Molecular Imaging 2019. April; 53(2): 96-101
- 3. Addressing bone quality and bone density after renal transplantation: A prospective evaluation of the evolution of trabecular bone score and bone mineral density over the first 5 years following renal transplantation in Asian patients. Chandran M, Hao Y, Bharadwaj P. Clinical Transplantation July 2019; 33(10): e13671
- 4. Adapting to a novel disruptive threat: Nuclear Cardiology Service in the time of the Coronavirus (COVID-19) Outbreak 2020 (SARS reboot). Kelvin S. H. Loke, Wei Ying Tham, Pushan Bharadwaj, et al. Journal of Nuclear Cardiology, 2020 June;27(3):1005-1009
- 5. A historic review of the discovery of the medical uses of radioiodine. Barbara Hertz, Pushan Bharadwaj and Bennett Greenspan. Pak J of Nuclear Medicine, 2020; 10(1): 60-63
- Multimodality Imaging in the Diagnosis and Assessment of Cardiac Amyloidosis. J Velaga, C Liew, A Poh, PT Lee, N Lath, SC Low and Pushan Bharadwaj. World J Nuclear Medicine 2022; 21:173–183.

#### 2. Book Chapters

- 1. First author of the chapter titled "Nuclear medicine in heart failure" in the "Text book of heart failure" published by the Oxford University Press in 2011 (1<sup>st</sup> edition) and 2022 (2<sup>nd</sup> edition).
- Sole author of the chapter titled "Diagnostic techniques in Cardiology: Nuclear Medicine" in Clinical Cardiology, Ed: Dr Indranill Basu Ray, 2016, published by Paras Medical Publisher, Hyderabad, India

#### 3. Abstracts and presentations

- 1. **99m-Tc- sulphur colloid uptake in normally functioning renal allograft**. Is this study useful at all in evaluation of transplant dysfunction? Bharadwaj P, Gupta A, Bhushan S (Indian Journal of Nuclear Medicine, IJNM, October 1996)
- 2. Peritoneoscintigraphy with 99m-Tc-sulphur colloid in patients on chronic ambulatory peritoneal dialysis, a pilot study. Bharadwaj P, Bhushan S (IJNM, Oct 1996)
- 3. **Dobutamine TI 201 myocardial perfusion scintigraphy**: Initial experience in 25 patients and comparison with physiological stress on a bicycle. Hafizunnisa, Bharadwaj P, Nair N (IJNM, July 1996)
- 4. Utility of reinjection of Tl201 at 24hrs in patients showing persistent defects at 4 hrs. Bharadwaj P, Goel V, Nair N (IJNM, Oct 1996)
- 5. **99m-Tc-Tetrofosmin in primary bone tumours.** A pilot study. Bharadwaj P, Santhily.N, Manglani H, Nair CN, Nair N (IJNM, Oct 1997)
- 6. **Dual isotope rest TI201 and stress 99m-Tc-Tetrofosmin study** in patients with history of myocardial infarction. Bharadwaj P, Chakraborty B, Patel R, Nair N (IJNM, Oct 1997)
- 7. Full bladder 99m-Tc-MAG3 renal scintigraphy in neuropathic bladders: methodology Nagabhushan N, Syed R, Bharadwaj P, Bomanji J, et al. Nuclear Med Communications April 2002; 23(4): 389-390
- 8. Addressing Bone Quality Loss After Renal Transplantation. A Systematic Assessment of the Evolution of Trabecular Bone Score (TBS) over the first one (expanded to five) year following renal transplantation and its correlation with Bone Biochemical Parameters and Steroid Use in Asian Patients: Chandran M, Hao Y, Kwee A, Swee DS, Ng D, Bharadwaj P; Annual meeting of the American Society of Bone and Mineral Research held 8th to 11th October 2017 at Denver, Colorado, USA

# Invited lectures (selected)

11<sup>th</sup> Annual Meeting of the Balkan Congress of Nuclear Medicine, Skopje, Republic of North Macedonia, 30<sup>th</sup> May to 2<sup>nd</sup> June 2024: Cardiac PET in infection and inflammation

25<sup>th</sup> Annual Conference of the Society of Nuclear Medicine in Indonesia, Surabaya, Indonesia, 25th – 26<sup>th</sup> August 2023: Two talks

- 1. Viability studies in Nuclear Medicine
- 2. The current use of MUGA in the assessment of LV function

24<sup>th</sup> Annual Conference of the Society of Nuclear Medicine in Indonesia, Yogyakarta, Indonesia, 7<sup>th</sup> – 8<sup>th</sup> October 2022: Does ISCHEMIA matter?

- **35th Annual Convention of the Philippine Society of Nuclear Medicine, Manila, Philippines, 1-2 February 2020:** A comparison between functional stress tests and CT angiography in chronic coronary syndromes
- 20<sup>th</sup> Anniversary Meeting of the Cyprus Society of Nuclear Medicine, Limassol, Cyprus, 6<sup>th</sup>-10<sup>th</sup> November 2019: Myocardial Perfusion Imaging: why do we need PET and What is the evidence of Nuclear Viability Testing
- 23<sup>rd</sup> Annual Scientific Meeting of the Indonesian Society of Nuclear Medicine and Indonesia Nuclear Expo 2019, Yogyakarta, Java, Indonesia, 6<sup>th</sup>-7<sup>th</sup> September 2019: Structured Reporting of Myocardial Perfusion Imaging
- 13<sup>th</sup> Biennial Meeting of the Asia Oceania Federation of Nuclear Medicine and Biology, Shanghai, China, 9th to 12th May 2019: Evidence base of nuclear viability testing
- 6th Annual Meeting of the Pakistan Society of Nuclear Medicine, Karachi, Pakistan, 6<sup>th</sup> 9<sup>th</sup> December 2018: Nuclear Viability testing: current issues and Myocardial Perfusion Imaging: why do we need PET?
- 1<sup>st</sup> Nuclear Cardiology Workshop, Indonesian Society of Nuclear Medicine, Bandung, Indonesia, 1<sup>st</sup> and 2<sup>nd</sup> December, 2018: A series of lectures on SPECT and PET myocardial perfusion imaging
- **22nd Annual Scientific Meeting of Indonesian Society of Nuclear Medicine (ISNM), Bandung, Indonesia, 14<sup>th</sup> 16<sup>th</sup> September 2018:** Workshop in Nuclear Cardiology: Hands On: Pitfalls, Reconstruction, Interpretation and Reporting of PET & SPECT MPI
- 7th Balkan Congress of Nuclear Medicine, Sarajevo, Bosnia and Herzegovina, 9<sup>th</sup> 12<sup>th</sup> May 2018: Courage, Faith, Ischemia and Death
- 23rd National Conference of Society of Nuclear Medicine Bangladesh, Khulna, Bangladesh, 16<sup>th</sup> 18<sup>th</sup> February 2018: Nuclear Imaging in Cardiac Amyloidosis
- 6<sup>th</sup> Annual Congress of the Balkan Society of Nuclear Medicine, Sofia, Bulgaria, 20<sup>th</sup> 23<sup>rd</sup> April 2017: Myocardial viability: Squabbles and controversies
- Advances in Gynaecological and Prostate malignancies, MRCCC, Siloam Hospitals, Jakarta, Indonesia, 25<sup>th</sup> February, 2017: PET Imaging in prostate cancer
- Annual Conference of the Indian Radiological and Imaging Association, West Bengal Chap, Kolkata, 11<sup>th</sup>-12<sup>th</sup> Nov, 2016: Nuclear Imaging of Prostate Cancer: beyond a bone scan
- Update in Cardiology 2014, Cardiological Society of India West Bengal Chapter: 18<sup>th</sup> and 19<sup>th</sup> October 2014: Myocardial viability and hibernation, radionuclide techniques of assessment
- 19<sup>th</sup> National Conference of the Society of Nuclear Medicine, Bangladesh, Cox's Bazar, Bangladesh, 26<sup>th</sup> to 29<sup>th</sup> March 2014: Clinical PET-FDG and beyond.
- 18<sup>th</sup> Annual conference of the Family Physician's Association of Kolkata, Kolkata, 4<sup>th</sup> and 5<sup>th</sup> January 2014: Clinical PET: what does a general practitioner need to know
- 8<sup>th</sup> International Conference on Radiopharmaceutical Therapy, Manila, Philippines, 17<sup>th</sup> to 21<sup>st</sup> November 2013: Preconference Nuclear Cardiology symposium: Imaging in non-acute chest pain: choosing the right test
- 9<sup>th</sup> Biennial Conference of Nuclear Cardiological Society of India, Chennai, India, 25<sup>th</sup> to 27<sup>th</sup> October, 2013: Myocardial viability: squabbles and controversies

19<sup>th</sup> Annual Congress of the Indian Society of Critical Care Medicine (Criticare 2013), Kolkata, March 2013: Role of Nuclear Medicine in an acute setting

Bangur Institute of Neuroscience and Psychiatry, Calcutta, India, August 2007: Role of Nuclear Medicine in movement disorders

Society of Nuclear Medicine, India, Eastern Chapter at the Eko Xray & Imaging Centre, Calcutta, India, August 2007: Dopamine Transporter Imaging in clinical practice

Dept of Medicine, Western Isles Hospital, Stornoway, Scotland: April 2006: Nuclear Medicine in movement disorders

**Eko Xray & Imaging Centre, Calcutta, India, March 2005:** Role of regional cerebral blood flow SPECT in psychiatry

**Department of Radiology, Aberdeen Royal Infirmary: December 2004:** Myocardial perfusion scintigraphy: how and when?

New Craigs Hospital July 2003: Role of Cerebral blood flow studies in Psychiatric disorders

College of the Radiographers at the City University London, March 2001: Essentials of Nuclear Cardiology

College of the Radiographers at the City University London in November 2000: Clinical applications of lung scintigraphy

National workshop on Nuclear Medicine in Oncology, Regional Cancer Centre, Trivandrum, India, February, 1997: Nuclear medicine in managing patients with cancer

International workshop on bone tumours, Tata Memorial Hospital, Bombay, India, December, 1996: Role of nuclear medicine in the management of primary bone tumours

# Future aspirations

I have a special interest in cardiac imaging in general and nuclear cardiology in particular. Because of my active involvement in a rapid access chest pain clinic in Inverness, Scotland, I decided to enrol for an MSc degree in Cardiology from the University of Brighton. I have also attended training courses in cardiac PET and cardiac CT imaging conducted by IAEA and the American Society of Nuclear Cardiology and practising all aspects of cardiac PET imaging.

Currently we provide a comprehensive cardiac imaging service to patients from not only the local and national hospitals in the UK but from across the world who consult the cardiac and respiratory physicians at the Royal Brompton and Harefield Hospitals. This includes Myocardial perfusion scanning involving both SPECT and PET (Rubidium 82), Amyloid Imaging of the heart using Tc-DPD, Sarcoid imaging of the heart with sequential resting Rubidium perfusion and FDG imaging, Infection and inflammation of the heart and various cardiac devices, using FDG imaging.

I would like to be involved in quality research using PET tracers for amyloid imaging, Fluorine-18 labelled myocardial perfusion tracers and tracers for inflammation/fibrosis imaging of the lung.

#### General Interests and hobbies

**History and heritage:** In the recent years I have developed a keen interest in studying local history and heritage. In Singapore, I organised heritage tours of various historic precincts for the local enthusiasts, on a purely voluntary basis.

*Trekking:* From my college days, I have been walking in the Himalayas. I used to walk in the Highlands regularly.

**Photography:** Over the last couple of decades, I have developed a passion for photography. I enjoy nature photography most and my photographs have been published internationally.

*Music:* I am a keen follower of both Indian and Western Classical Music. I play the Harmonica. I have won several prizes in vocal music competitions at school and college levels.

#### Referees

1. Dr David Ng MBBS MRCP (UK) FRCP (Edin ) BSc MSc FAMS
Senior consultant, Dept of Nuclear Medicine and Molecular Imaging
Singapore General Hospital, Outram Road, Singapore 169608

Tel: +65 6321 3747 Mobile: +65 92391916 Email: david.ng.c.e@singhealth.com.sg

#### 2. Dr Stephen Leslie BSc MB ChB FRCP PhD

Professor in Cardiology, Raigmore Hospital, Inverness IV23UJ, UK

Tel: +44 1463705462 Mobile: +44 7734226227 Email: stephen.leslie@nhs.scot